

The World Renewal

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1. Hyderabad: Inaugurating the Sadbhavana Bhawan are Chief Minister of Andhra Pradesh Bro. Rajshekhar Reddy and Rajyogini Dadi Janki. Home Minister Bro. K. Jana Reddy is also seen. 2. Mumbai (Dombivalli): Maharashtra's Chief Minister Bro. Sushil Kumar Shinde is seen discussing a point of Godly Knowledge with B.K. Sisters Pratibha and Teja. 3. Mumbai (Andheri): Seen on the stage at the inaugural function of Neonatal Intensive Care Unit (NICU) Nurses' Training Centre, Burns Ward, are Cine heroine and Member of Parliament Sis. Shabana Aazmi, (at the mike) Bro. Gopi Chand Gupta, B.K. Sis. Yogini, Bro. Ramesh Naik, President, Public Health Committee of BMC and Dr. Ashok Mehta. 4. Mount Abu (Gyan Sarovar): Inaugurating the All India Womens' Seminar are Rajyogini Dadi Manohar Indira, B.K. Sis. Manju, B.K. Sis. Savita and others. 5. Mount Abu (Gyan Sarovar): Inaugurating a Seminar organised by Security Wing are Rajyogini Dadi Janki and Deputy Chief of Indian Army Lt. Gen. J.B.S. Yadav. Also seen at the inaugural are B.K. Sis. Kamala, B.K. Amir Chand, B.K. Sis. Shukla, B.K. Sis. Achai, B.K. Sis. Sheilu and others. 6. Pondicherry: B.K. Sis. Renuka, B.K. Sis. Jaylaxmi B.K. Ramlochan and others in a group photo with Pondicherry's Governor H.E. Bro. Madan Mohan Lakhera at Raj Bhawan after a brief discussion on Godly Knowledge. 7. Doongarpur: After the specially organized programme "Goodbye Tension" seen in a group photo are Doongarpur's Maharaja, Bro. Raj Singh, former President Indian Cricket Control Board, eminent miracle-Healer Bro. Maulana Imtiaz Hussain Malik, Mewar Milk Dairy Proprietor Doongar Lal, B.K. Sis. Vijay Laxmi, B.K. Sis. Padma and others. 8. Kenya (Kisumu): Seated on the Dais at the Interfaith Dialogue Programme are B.K. Sis. Shashi, B.K. Sis. Vedanti, Sis. Pat Smith, Gyani Guru Singh Komal and Bro. Madhukar.

Godly Service Report

Delhi (Pandav Bhawan)

On 15th August 2004, the Independence Day of India was celebrated by Upbhokta Manch. The programme was attended by about 1500 persons including many eminent persons. Sister B.K. Pushpa, Pandav Bhawan, N. Delhi was specially invited by the organizers for inaugurating the programme along with Yogender Baba, Director of the Sanskar Bharati, Dr. Malati, Principal, Kalindi College, and Sh. Arvind Gupta, Chairman of Celebrations.

On 22nd August 2004, a spiritual exhibition was arranged in the National Physical Laboratory area. A special show of video film, 'Discover the Spirit Within' was arranged for the scientists and their families. Many persons showed keen interest and several of them are attending Rajyoga Shivar.

ABROAD

ARUBA

BABA'S NEW HOME OF SERVICE

On 25th August, B.K. Sister Meera, arrived in Aruba, Baba's newest home in the Caribbean Islands.

Within an hour after her arrival, she shared a message of peace to all Arubans in a live radio interview.

Two hours later, she met a group of Indian women, nearly half of them were from her native city of Bangalore. A number of them had relatives who were involved with BK's since Om Mandali days.

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COMING EVENTS

1. **Media Conference & Exhibition** - 2004 on "Media, Technology & Spirituality" from September 25-29, 2004 at Shantivan, Abu Road (Rajasthan)
2. **National Conference on Meditation as Medicine** from October 2-6, 2004 at Brahmakumaris Shantivan Complex, Abu Road (Raj.) * Practical Application of Meditation with Medicine, * Stress Management, * Positive Thinking, Managing Epidemic CAD through Rajyoga.
3. **Thiruvananthapuram- Maha Tapasvinis Sangamam** at Sangumugham Beach Thiruvananthapuram on Sunday, October 10, 2004 from 3.30 p.m. to 7 p.m. An enlightening Mega Peace Programme to receive God's Blessings. * Words of Wisdom and Blessings of Rajyogini Dadi Prakashmani, Dadi Janki and Dadi Hriday Mohini * Cultural Programmes, Laser Show * Meditation for World Peace.

THE SEASON OF PIETY AND GAIETY COMMENCES

Throughout Bharat in particular and many other parts of the world in general, the spirit of *Raksha Bandhan* (The Bond of Protection; the sacred thread) and *Sri Krishna Janamashtami* marks the beginning of a new season of piety and gaiety. This year, especially after the good monsoon season, one can witness the unveiling of an atmosphere of gratitude and joy due to the sprawling fields of plentiful crops everywhere and lush greenery that are a magnificent sight to behold. The rains have given birth to a new spirit of happiness in all hearts; when this is combined with collective emotions of well-being and goodness, people set about their preparations for the festivals with full enthusiasm and vigour.

Raksha Bandhan is not merely celebrated as the sweet bond between sisters and brothers, but it creates a very powerful ambience of unlimited feelings of belonging throughout the nation. Right from the first citizen, the President of India, down to the

most humble individual in the remote villages, each one carries the same sentiments of piety and brotherly love. So pure and powerful are these feelings that they bring home the awareness of us belonging to each other as brothers and sisters of a universal family. *Raksha Bandhan* has definitely been the catalyst for removing deep-rooted feelings of hatred from the minds and hearts of many. It has brought down barriers and removed disparities. Consequently, there is the emergence of new beings or transformed human personalities in the form of godhood or deities. Though unimaginable at the moment, the power of purity and piety of this eternal bond of *Raksha Bandhan* transports us beyond to new heights of consciousness and a divine lifestyle, well-remembered and exalted as *Sri Krishna Janamashtami*.

The birthday celebrations for Sri Krishna are again very significant as it exemplifies a powerful message to the devout. If we observe purity and divinity (in thoughts, words and actions) for a week (period of time

between *Raksha Bandhan* and *Janamashtami*) we become so elevated and worthy of entering the kingdom of heaven or *Vaikunth* (Golden Age or *Satyuga*) to live and play with Sri Krishna, the all-virtuous and divine one par excellence. In other words, by observing the vow of chastity for even a short period of time, we are able to elevate our consciousness to the highest level and inculcate all the divine qualities, for which Sri Krishna is so dearly loved and worshipped. Every young person would love to have Sri Krishna as his or her best friend and companion, like the *gopis* and *gopes* of the *Bhagwat Kathas* (Godly stories). And so the maker of Kings and Queens (the double-crowned deity rulers of the Golden Age), Supreme Father Shiva Himself, is presently reminding us to awaken and live by the principles of purity and divinity in order to claim our Godly birthright of the Golden-Aged double-crowned deity status and enjoy playing our respective roles alongside the World Deity Prince Sri Krishna. It is time for *Kaliyuga* to bid farewell and for *Satyuga* to come forth.

The present scenes of rampant death, destruction, disease and suffering, vice and violence all over the globe will not last for long. If *Satyuga*

gave place to *Tretayuga*, which was replaced by *Dwapuryuga* and then by *Kaliyuga*, it is once again time for *Kaliyuga* to make way for *Satyuga* to be re-established.

But what determines the quality of each Age or *Yuga*? It has and will always be the quality of human consciousness and actions that cast their influence on time and nature. The Age of truth will be determined by the truthful living of human beings at all levels. The Age of righteousness of *Satyuga* is considered to be the highest among all ages since the quality of life for the rulers and the ruled was at the most elevated and pure stage ever experienced by human beings. There is unquestionably no parallel for such a life in the Golden Age, as per the knowledge revealed by the Knowledgeful Supreme Father Shiva Himself. The birth of Sri Krishna and Sri Radhe marks the dawn of the Golden Age. They are born to rulers of distant states and are later crowned as World Emperor Sri Narayan and World Empress Sri Lakshmi. Their qualities are praised as "all-virtuous, completely viceless, 16 celestial degrees complete, completely non-violent..." As are the rulers so are the ruled or their

subjects; thus everyone lives in harmony and happiness as one family. This alone can determine a world of complete and ever-lasting peace and plenty in the Golden Age.

May the celebrations of Sri Krishna *Janamashtami* kindle the flame of new hope in everyone's hearts and provide strong inspiration to become instrumental in the process of great transformation— from the Iron Age to the Golden Age. Acceptance of God's will to become worthy instruments of this totally non-violent transformation of humanity would be most befitting and beneficial for the self and society. In fact, this would prove to be the real and positive spirit of celebrating Sri Krishna *Janamashtami*.

GURU GRANTH SAHIB – PANACEA FOR THE AGONISED HUMANITY AT LARGE

Whether one looks at the newspapers, watches T.V. news or listens to the radio bulletins, there is hardly any heartening news. After six weeks of turmoil, the entire nation heaved a sigh of relief on receiving news of the release of the three Indian hostages – Antaryami, Sukhdev Singh and

Tilak Raj – by their captors in Iraq; the almost lost smile has returned to the faces of their near and dear ones.

But now the bordering Nepal is burning in the wrath of its people because twelve of their fellow citizens have been massacred in Iraq by their captors.

Two hundred tiny tots amongst over three hundred innocent people were murdered in Beslan (Russia) at the hands of about fifteen Chechen rebels, some of whom were possible suicide bombers.

Dozens of such tragic and violent news flash before us every minute of the day. This scenario paints a very grave picture about the general well-being of the human race. The vibrations of the suffering humanity create subtle waves of deep unhappiness everywhere. This has been observed by psychiatrists and psychologists, whose research show that the numbers of people suffering from depression are on the rise each year by unexpectedly high percentage. The normal and accepted belief is that we are born to relish the good things of life but in practical we are forced to see the multiplicity of sufferings day by day. How distressing it is to see new-born babies suffer

from different kinds of physical and mental defects... This, more than anything else, illustrates clearly the extremity of *Kaliyuga* – the age of falsehood and suffering at every step.

These scenes had been foreseen by the seers and sages of yore, and were compiled and presented to the world centuries ago. *Guru Granth Sahib* (The Holy Book) has proved to be a great guide to not only twenty four million people belonging to the Sikh religion, but is an invaluable and unlimited lake of *bhakti* and wisdom for all. It is one of the greatest gifts to humanity bestowed by ten Gurus and fifteen Bhakti Saints. Before breathing his last the 10th Sikh guru, Sri Gobind Singh, decreed that 'there would be no human gurus after him; instead the *Granth Sahib*, the holy book, would be revered as the guru; it would be the friend, philosopher and guide to the faithful'.

Among all the holy books, the teachings of *Guru Granth Sahib*, when properly studied, understood and applied in practical life, are one of the greatest sources of enrichment in life: The feelings of brotherhood, the joy of connecting with the highest being and love for God (*Waheguru*) are the greatest boons we derive from Sri *Guru Granth Sahib*.

It was most accurate and beneficial to celebrate its 400th year as "*Prakash Utsav*" at the Golden Temple, in Amritsar, a week ago. These celebrations were welcomed with the aim of bringing mankind closer together with the thread of faith in One God (*Waheguru*). Let us learn to remember Him (*Jap Sahib*), attain supersensuous joy (*Sukh Mani*) and elevate our lives on all levels.

– B.K. Nirwair

Subscription through "Western Union Money" (WUMT)

It was informed in May, 2004 issue to the foreign subscribers that subscription for the monthly magazines 'The World Renewal' and 'Gyanamrit' may now be paid through Western Union Money Transfer system from international post offices in about 185 countries, to the post office at Brahma Kumaris, Shantivan-307510, Rajasthan, India.

HOW TO SUBSCRIBE THROUGH WUMT?

Go to the nearest post office in your country where WUMT is available, fill up an application and make the payment along with fee in the name of The World Renewal (English) or Gyanamrit (Hindi). You will be given a receipt and code number. You can then intimate the amount and code number to B.K. Atamprakash or B.K. Bakshi, Gyanamrit Bhawan, Shantivan over phone No. 00912974-228125 or by e-mail: bkatamad1@sancharnet.in for withdrawal. On receipt of subscription the magazine will be sent to you every month.

Subscription rate	Amount per copy in Indian Rupees	
ABROAD	Yearly	Life membership
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INDIA

The World Renewal (English)	Rs. 60/-	Rs. 1000/-
Gyanamrit(Hindi)	Rs. 60/-	Rs. 1000/-

(Please note that WUMT facility is available only for the subscription payment to be made in the account of "The World Renewal" and "GYANAMRIT". No donations shall be sent through WUMT.)

GOD'S REMEMBRANCE AND FOCUSED APPLICATION OF THE MIND

—B.K. Surendran, Bangalore

“My dear, focus your mind on Me constantly; always be in a *yog-yukt* stage, God advises Arjuna”. But Arjuna says, “Bhagavan, mind is like the air, it is always unstable. It is very difficult to control or stabilise the mind”. God then replies, “If you are not able to constantly remember me, start practising sincerely; develop ways and methods to remember Me”.

Remembrance, thinking and churning are the natural attributes of the mind. When we look around and study the lives of people, we see that a large number of people in the world are in search of the one Divine Being and they also remember Him. No other being is sought after or remembered in this manner. It implies that God is the most sought after personality in the world, being the dearest of all. God descends on earth in a human medium to reveal His true, eternal personality. When we find someone we have been searching for a long time

(human soul has been looking for God or the Ultimate Truth for thousands of years), our joy knows no bounds.

God communicates with us in a sincere and honest manner through the language of thoughts. With spiritual knowledge, we are able to understand what He expects from us and understand His real personality. One cannot help being enamoured by His thoughts, His language, His blessings, His love. He is called *Bholanath*, the Innocent Lord, the one who is pleased with an honest, truthful heart that constantly remembers its eternal Parent.

When we hear Him, are we able to think over and over again on that to perpetuate and sustain His remembrance? Are we able to convince ourselves that the Special Incorporeal Person who is our very life and our world, whom we are meeting after thousands of years, is before us and speaking to us? It is our good fortune that we could recognize Him. After recognizing Him and thinking of

Him, which is known as Rajyoga Meditation, unprecedented changes have taken place in our life. Are we stealing some time in the midst of the worldly life to evaluate the achievements in our life after we met the person sought after in our entire life, and even in our past lives? Have we surrendered ourselves in His unseen, but very well seen feet, in mind and intellect and given all our burdens to Him? The Lord belongs to us and we belong to Him. When we say individually ‘My Baba’, this thought is instantly communicated to Him and the quick response comes ‘oh my child’. It is said that remembrance begets remembrance. Have we got full faith on the one Lord as our Supreme Father who can definitely share our burdens in life? It is our experience that the moment we think of Him, He looks at us with mercy and love and it is transformed into blessings and all our problems dissolve into oblivion. He gives us work – the Godly service to attend to and when we start doing that we will automatically remember Him. It is impossible to forget the Lord when we are on Godly service, for, He Himself has entrusted the Godly service to us. It is between us individually and the Lord; this

arrangement sustains where nobody needs to supervise us, for, we are being supervised by ourselves and the Lord. This arrangement is made by the Lord duly convincing us that through this, we enrich ourselves. Therefore, whatever thoughts we generate, whatever we speak and do should be in line with the Lord. Then there is proximity and similarity in thoughts. Our thoughts meet the Lord and we start understanding His personality. We move closer. When our thoughts are integrated to that of the Lord, He makes us to move, He makes us to talk, He makes us to do service and He becomes the manager of our life. We are the leaves of the *Kalpavriksha* and He moves us – the leaves. Many people believe that God is omnipresent and that without the permission of God even the leaves do not move. In this lifestyle we unburden ourselves. Happiness, peace and contentment become the essence of our being. The voice of the heart charged with thankfulness and indebtedness reach the Lord. Then the mind and the intellect always like to stay with the Lord, for, there is proximity. The heart takes the mind and the intellect in its wings to the Lord. The Lord is the subtlest of the subtle while

the mind and intellect are also the subtlest of the subtle. They can only think and speak the language of the Lord. As the mind thinks more of the Lord, it tastes the sweetness of His remembrance, and it advances into tastier and tastier realms of existence. As much as the mind remembers the Lord so much the mind and intellect will feel that the Lord is the sweetest of the sweet. God's thoughts – the Godly versions – *murli* supplies abundant pure and powerful thoughts. We hear it, understand the different dimensions of its meaning. We meet a person on the street in the morning who has not met us for years. Both of us open up. He takes leave of us. We remember him by remembering what he spoke to us when we met. His remembrance naturally comes to us and we also share his thoughts with others. Here the Lord speaks to us every day with lot of concern for us, with the sole aim to make us happy and make us big people in the world. His remembrance should naturally come to us. We have to hear, churn, visualise and become embodiment of what he speaks. We must always be smiling, for, the Lord loves us.

CONCENTRATION OF MIND –

A consequence of God's remembrance – focused application of mind

When the mind likes something, it hangs on to it. The intellect takes a final decision as to the utility of remembering God to enrich life. Here logical thinking takes place. But if this liking of the mind is also accepted by the intellect, then the heart along with the mind and intellect will race very often to the Lord in a natural way. The concentration of the mind naturally will take place. It is the other way round here. Normally people try to practise yoga by concentrating mind on an object. But here the yoga is taking place between two conscient entities – the soul which is a conscient star of consciousness and God who is also a point of Supreme consciousness – the child and the parent coming together in loveful countenance – on the basis of natural, perennial and eternal relationship, realising bit by bit the close relationship. There is a natural pull to be together at all times, as both like the company of each other. The mind is always overtly or covertly concentrated on the Lord. There comes peace in the mind, which is followed by

coolness and calmness, leading to stability of mind. Stable mind is always under the command of the owner of the mind – the Self. The owner can easily apply the mind wherever he wants to and to the extent he wants to. Therefore, yoga with God equips us to confidently be in the world of action and be successful at all times. We will be able to successfully adapt to situations and changes taking place in the world and creatively deal with crisis.

Again application of mind involves constructively and creatively thinking, analysing, examining, understanding, studying, re-examining the consequences of a course of action, and taking appropriate action and moving on in life. Application of mind also involves exercising the power of discrimination, decision making and owning responsibility. One who applies his mind will not meet failures, but success and only success in life. The mind will really become an instrument which works as an *akshaya patra* – the enchanting vessel which can supply anything and everything. The mind will become a laser beam to crack any kind of hard nuts – all problems of life.

A TRUE HAPPENING

A few weeks ago NIMH (National Institute of Mentally Handicapped, Hyderabad) had conducted a sports meet for all the physically and mentally handicapped children at National Stadium Hyderabad. In one race, nine contestants, all physically or mentally disabled, assembled at the starting line for the 100-yard dash. At the gun, they all started out, not exactly in a dash, but with a relish to run the race to the finish and win. All, that is, except one little boy who stumbled on the asphalt, tumbled over a couple of times, and began to cry. The other eight heard the boy cry. They slowed down and looked back. Then they all turned around and went back every one of them. One girl with Down's Syndrome bent down and kissed him and said, "This will make it better." Then all nine linked arms and walked together to the finish line. Everyone in the stadium stood, and the cheering went on for several minutes. People who were there are still telling the story. Why? Because deep down we know this one thing: What matters in this life is more than winning for ourselves is helping others win, even if it means slowing down and changing our course. If you pass this on, we may be able to change our hearts as well as someone else's. "A candle loses nothing by lighting another candle"

A MIRACULOUS MEDICINE FROM THE SUPREME BEING

— B.K. Vasudha Shree,
Gandhi Nagar, Nellore



My name is B.K. Vasudha Shree and I would like to share my personal experience with God, the Supreme Soul. I was leading a happy life as a house wife when my troubles started as a disease in 1992. The disease appeared in different stages: during the initial stage I felt as if my extremities (legs) had been beaten and were very painful. I consulted a doctor who advised me to undergo a complete medical check-up. After going through several medical examinations, it was found that malfunctioning of the thyroid gland had caused a reduction of thyroxine levels in the blood. Doctors advised me to take the medicines regularly to cover the deficiency. After about a period of one year the pain had subsided completely. I was delighted but my happiness did not last long. The same trouble began again after a while followed by a severe headache. I once again consulted my doctor, who advised me to take two pills

instead of one.

Very soon, I was facing yet another peculiar problem which the doctors too were totally helpless to resolve. I was being mentally tortured with different types of illusions and delusions like the thought that my children have been caught in a road accident. These types of pessimistic thoughts were persistently ruling over my mind and making me very restless. Despite taking several other types of treatments (other than allopathic) my condition — physically and mentally did not improve.

Then came the big turning point in my life. After several days of living with these difficulties, some people suggested that I try yoga (meditation). They say, "Perhaps you may get a solution in spirituality". I began to search for the real truth so that I can find a fool proof and permanent solution. I was already doing *bhakti* but not experiencing any benefit. One day my brother told me that he was attending spiritual classes every day at the

Brahma Kumaris centre. He said he had found true peace and bliss and strongly advised me to visit the centre at least once. Taking his valuable advice I visited the Brahma Kumaris Centre which was located near our home.

On the first day itself, I were thoroughly convinced that this is the only spiritual organisation in the world where one can find the real path to peace and bliss". Not a single question was raised in my mind while I took the Seven day introductory course in meditation; every point of spiritual knowledge seemed to be familiar as though I had already heard it before.

PROTECTION IN GOD'S LAP

After completing the 7-day course, I started regularly attending the daily advanced classes as well as taking time for spiritual study at home. I began following the codes of conduct and spiritual principles of yogi life including waking up early morning (*Amrit Vela*) to

connect my intellect with the Supreme Soul. I persisted with these practices which became part of my daily routine in time.

It is very surprising and a pleasure to say that within few months I got immense physical and mental relief from my old disease (which I had borne for the past 10 years!) Today, although I am not taking a single tablet of medicine I feel like my body and mind are so light – it is as though I am flying in the air! My physical and mental health is so good now that I am able to go out on Baba's service (villages etc.) to give Godly message to all.

This is my humble suggestion to the scientific community: Instead of doing vast research on physical bodies (perishable) if they pay even little attention to understanding the truth of the

soul, how it affects and interacts with the body, what is yoga between souls and Supreme Soul, it is possible to transform our living environment from hell into paradise!

Brahma Kumaris organisation is exceptional because:

▶▶ *A real definition for purity can be found only here.*

▶▶ *The real path to eternal happiness and bliss can be found here .*

▶▶ *All the teachings of the Supreme soul can be scientifically proved.*

▶▶ *A policy of "Do not ask for donations" is implemented.*

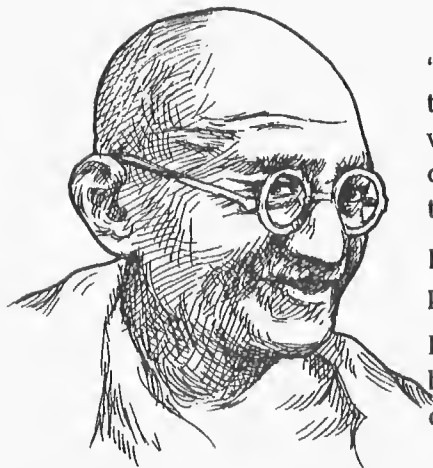
▶▶ *Daily classes are conducted on self-empowerment, conquering weakness etc.*

▶▶ *No one is forced to*

volunteer their time and services – All Brahma Kumars and Brahma Kumaris serve with the consciousness that they are children of the Supreme and it is their responsibility to take care of God's task.

▶▶ *There is no gurudom; shrimat of the Supreme Being, Supreme Parent is followed while respect to Senior Brothers and Senior Sisters is duly given for their long-standing commitment and dedication to the institution.*

I hope the readers take much benefit from this article and experience the bliss and blessings of the Supreme Soul as I have done.



TRUE INDEPENDENCE

"Independence of my dream means Ramarajya, i.e. the Kingdom of God on earth. I do not know what it will be like in Heaven. I have no desire to know the distant scene. If the present is attractive enough, the future cannot be very unlike.

In concrete terms, then, independence should be political, economic and moral...

India is to me the dearest country in the world, not because it is my country, but, because I have discovered the greatest goodness in it..."

– Mahatma Gandhi



READERS' FORUM



Respected Editor,

Please accept our heart-felt regards. Sometime back B.K. Kavita, an alumna of our school delivered her speech on 'RAJYOGA' to our students in the school. We are greatly impressed by her efficient performance as well as dynamic thoughts about 'Yoga' and 'Gita'. We are very grateful to you for publishing this educative and inspiring programme held in our school in July issue of your magazine 'The World Renewal'.

The articles published in July 2004 issue are very simple and heart-touching. "BEING SELFLESS AND GUILTLESS" by B.K. Surendran, 'OUR TRUE IDENTITY" by B.K. Girish, MEDITATION FOR WORLD PEACE" by B.K. Khem Jokhoo etc. are relevant and most important for this age.

Our best wishes to all the above writers. May this magazine be utilized for the re-building of a good society for which I pray to God.

~T.K. Dalabehera, Principal,
Pandalam High School, Distt. Cuttack
(Orissa)

Dear Sir,

At the outset, please accept Godly love, sweet remembrances and my heart-felt congratulations on successful entry into 35th year of your valued publication. The World Renewal has become a valuable medium for spreading divine message of the spiritual revolution set into motion by none other than the Almighty Incorporeal God-Father Shiva Himself through Prajapita Brahma or Adam and His divine progeny called Brahmakumaris

and Brahma Kumars (BKs.) with the avowed object of spiritualizing, purifying and divinizing the human beings into characterful, pious and even divine human beings to enter the new world called Golden Aged world or *Satyuga* of lasting Purity, Peace and all-round Prosperity or Heaven, the Godly inheritance of *Jeewanmukti* (fruition). It is clear that the revolution has now crossed the borders of India and has reached all the continents and its message of love and unity, based on universal brotherhood, is being accepted by people of the globe irrespective of their caste, creed, religion, language, gender, culture etc. Moreover, it is being practised by them with all sincerity, vigour and commitment.

I find that the standard of articles and other material that is being published herein, though spiritually oriented, is varied in nature to cover varying tastes of your readers and is progressively improving in quality, depth and its contents. To give just two instances from your August issue: the article titled "Patience – An Investment that Never Fails" is very enlightening and refreshing and appears to be based on deep research of this divine virtue coupled with personal experience of the writer. Likewise, I find that Dadi Janki's visit to Jordan and the experiences of some of the participants published under the title 'The Soothing Touch' did reveal the magic of her impressive personality based on spiritual power, radiating love and natural connection with the Supreme Soul and the huge and dominating impact of her Love, which is crossing all barriers and is binding the humanity in one common bond

– children of one Supreme-Father. After all, Dadi Janki has been found by scientists “**the person with most stable mind**”, and what is more, she is regarded as the “**touring angel**” of this spiritual university and overall a World Mother.

These are just samples and the quality of the entire matter is quite high. The overall impression on a healthy mind is colossal in terms of positivity and spirituality and does assure one of the coming world of deities.

I wish your publication even brighter future. Once again with profound love for you and your worthy staff, best wishes and thoughts divine.

Yours brotherly,

– B. K. SANTRAM, (Advocate),
Sukhdham, Mt. Abu

TO OUR ESTEEMED READERS

We thank our readers for their overwhelming response to our column Readers' Forum.

No magazine can be complete without the active participation of its readers. We eagerly await your opinions and suggestions. Your suggestions would definitely inspire us to make each new issue a better one. Please send your letters alongwith complete name and full postal address/e-mail, to :

Readers' Forum,
The World Renewal,
Gyanamrit Bhawan, Shantivan,
Abu Road-307510,
Rajasthan (INDIA),
e-mail: theworldrenewal@yahoo.co.in

YOU ARE MY SOURCE

– B.K. Muskaan Kapoor, Ludhiana

O' Heavenly Father in Thy home above
See what curious place the earth become
Of the earth you made simple and gay
What queerness befell and strangeness come

I am a seeker and I want some peace
For a word or a gesture I wander astray
To heal my wounds of somebody's misdeed
To cure my pain from the wounds of the day

Some human in his wretched fashion
Did hurt the innocence of my soul
And yet again the ways of life
Tormented my spirit, tremor my goal

With sullen eyes and a pining heart
I went all the way seeking
A drop of mercy, a speck of rest
Is all but my earnest craving

But yet another discovery
Awaited me with open arms
I, a passerby to the world of variety
Saw the yearnings and the charm

Why the soul, the one I cursed
Did that awful thing to me
But no, I know the secret untold
It fought a harder battle than me

Every warrior a seeker in disguise
Every action a yearning be
Searching for a drop of solace
To quench his hastening thirst like me

If all thus seek and no one gives
What a dismal picture it is
All do yearn but no one gives
A sad unrequited longing it is

Father I know You are my source
Let me direct my quest to You

RENDEZVOUS WITH THE SUPREME

— B.K. Sanjay Suri, Sirifort, New Delhi



Legris India Pvt. Limited is a joint venture with a French Multinational Company, Legris Industries, S.A., which is a billion Euro dollar company operating in 29 countries. It specializes in the field of light mechanical engineering products. In India, they operate through 40 distributors and four regional offices at Mumbai, Calcutta, Chennai, and Bangalore with Head Office at Gurgaon, near Delhi. I am the Managing Director of Legris India Pvt. Ltd.

It was in November 2003 when I was exposed to the philosophy of the Brahma Kumaris at Sirifort centre. Prior to that I had not been exposed to any kind of spirituality and so my mind acted like a blotting paper and absorbed the spiritual knowledge instantly. I soon began to experience the joy of meditation. As it

is normal with us, we like to practise things that we take pleasure in and I started making more time for yoga, remembrance of the Supreme Power, and the results were very amazing. I would like to narrate a few of my experiences.

Every year, in the month of December, I have to project a business plan along with the budget of the company I run. This is a difficult task as one has to face a panel of around 10 highly experienced professionals – the company's Board of Directors – and is subjected to many unexpected questions, ranging from statistics to financial viabilities. Inability to answer

any question leads to rejection of the plan and appearance of being incompetent. This, as you can imagine, can jeopardize the position one is holding. In short, this is a tough thing to do but is inevitable.

Since I started practising Rajyoga meditation sincerely, I found that the budget preparation, which normally used to take 30 days, was completed in 15 days and it was the best I had ever made. When I went to China (a subsidiary of Legris Industries) to present it I was amazed at myself. The delivery of the budget that normally takes 12-14 hours was so precise that not a single

question was raised! Even the financial figures, which are difficult to remember, were so vividly engraved in my memory that not once did I have to rely on

Concentration of mind, Precision and Intuition play a major role for success in management. The author of this article, who is in the high echelons of the corporate world, narrates his own experience as to how he has been benefitted by the Rajyoga meditation. He makes it amply clear how a living relationship with God – our Supreme Father—can be established and maintained and how He guides us and becomes our support in our day-to-day life. With His help, impossible becomes possible.

my laptop. I was meditating every day and so while everyone else was mentally exhausted by the end of the day, I was always as fresh as in the morning. I did engage in my spiritual drill (yoga) off and on during the budget session, and this was like getting energy from the source; it rejuvenated me every time I sat in the remembrance of Shiv Baba.

This was my first experiment with spiritual power. In less than half a year of spiritual life I had gone through small and big experiences. Apart from the positive effects of always being in a happy and light mood, I had realized that some of my difficult works had been accomplished effortlessly. One such episode is as follows:

I was scheduled to travel to Europe for a business convention in May 2004, but 15 days prior to my departure, I realized that my passport was invalid for obtaining a visa. Knowing the considerable time required to get a new passport plus the visa, I was totally at a loss as to what needed to be done. Since the trip was a must, I surrendered the problem to Baba at *Amritvela*. I felt as if Baba told me, "Don't worry, I will take care of it". The next day, when I went for my regular game of badminton, I overheard

a player talking on his hand phone and mentioning that he worked in the Ministry of External Affairs. It was as though Baba had sent him for me... I went to him with my request which he gladly accepted. I gave him my details and he assured me that I would receive my passport in two day's time! It was unbelievable. Although Thursday is a non-public day at the Delhi Passport Office, I got a call in the morning, informing me that I could go to the passport office at 4 p.m. to collect the passport. On reaching the Office, I saw a gathering of about 100 people at the gate who were unsuccessful in entering, as gatekeeper had strict instructions not to let anybody in. Behind the crowd, I hinted to the guard that I had been sent by the Ministry. I was not only saluted but escorted to the person who had my passport ready. I was overwhelmed with joy and had no words to express my gratitude.

After such incidents, it became natural for me to get more inclined to spiritual knowledge and meditation. With a deep interest ignited, I became a frequent visitor to the centre (twice or thrice a week). Every time I go, I return with a new form of energy, a new zeal, a

new perspective and paradigm shift. I can feel the changes happening inside me and these are also noticed by my family members. I have started to see myself in clearer terms and have developed an enhanced capacity to spend time in a more meaningful way. The quality of intra-family relationships has increased tremendously. I have come to understand that "*If you want others to change, change yourself first and the rest will follow*"...

People in business have a vision, which they continue to work towards but many times they later realize that the success ladder was on the wrong wall and it is too late to put the ladder back on the right one. Success in one field cannot compensate for failure in another; the real joy in life is to be successful privately and publicly. What we all seek is a balance in all walks of life.

Public success cannot be achieved without private success, which forms the core for habit formation. We have read a lot about thinking creatively, cultivating the win-win situation, proactive behaviour, 'understand before being understood' etc., and subsequently made resolutions to imbibe the same only to regret

after a few days that we have forgotten what we had read! The law of farming is a universal law; we have to plough the field, feed it the right fertilizer, sow the seeds and simultaneously pay attention to take out the weeds as and when they appear. The same applies to our mind; the field where these habits will be cultivated tends to be unprepared and can only be done with a regular practice of training our mind with the help of Raiyoga meditation.

Apart from these two major incidents, I have enhanced other areas as well which are important to run one's personal and business lives, such as intuitive power, managing thoughts, interpersonal and communication skills etc. Students of the latest theory on management would know the significance of a perfect balance in IQ (Intelligence Quotient), PQ (Physical Quotient), EQ (Emotional Quotient) and the latest, SQ (Spiritual Quotient). The Western world has discovered SQ very recently but it has been taught here in Bharat since the ancient times. I feel this is what we can teach the world and it is probably the reason why the West is looking towards the East.

Reading a book only makes you knowledgeable but with the help of Raja Yoga meditation and spiritual wisdom, you can put the same knowledge into practice – this is what is required in today's world. ●

THE ROOT CAUSE OF ALL MISERY

– B.K. Sis. Vasuman, Jind (HARYANA)

The modern world names the present time as the age of science as it has advanced scientifically. But even in this very field, perfection has not been achieved. Can we call it progress? With all the physical comforts, are human beings leading a peaceful and blissful life? The root cause of all sorrow is that we have forgotten our real identity that we are conscient living spirits that perform actions through the physical body. Secondly, we have forgotten our Father—Incorporeal God Shiva (Supreme Soul). The blunder is we've taken God in every corporeal deity form. The question arises if every corporeal deity is God, then inspite of so much worship and spiritual ceremonies, why man is void of peace, happiness and love? Why is he afflicted both physically and mentally?

It is generally complained by the devotees that when they try to meditate on God, they deviate and are unable to feel His power and attributes. So, it is evident that we do not know the real identity of God and ourselves. That's why mankind is bound to undergo tension and suffer from other vices like lust, anger, avarice, attachment and ego. The more we endeavour to get rid of this trap, the more we find ourselves entrapped. So it's the need of hour to recognise our real being and the Father of all souls. Through spiritual empowerment we can definitely change our *sanskars*. Only then we'll be able to transform this earth into 'Paradise.'

BEING AND LIVING AS A TRUSTEE

—B.K Andatta, Mauritius

Everything we have – from the bodies we were born into to our most prized possessions – is inherited. It, therefore, becomes a moral imperative to use these assets in a worthwhile and benevolent way. The consciousness of being a trustee of such unlimited and timeless resources touches the core of the human soul and awakens it to the realization that just as, at the time of birth such resources were inherited, at the time of death they will be left behind. In death, all that will accompany the individual will be the impressions of how these resources were used, combined with the wisdom of being and living as a trustee”.

The above statement quoted from the “Living Values – A Guidebook” emphasizes the pristine ethic of trusteeship that has been taught to human souls at different times in history through messengers of God and divine Scriptures.

The Quran, for instance, stresses that “Those of us who are given more wealth, ability and education must

use them for the benefit of those in need”.

The old Christian view was, “*Everything should be common to all, as it is written, and no one should call anything his own or treat it as such* (The Rule of St. Benedict)”.

The Hindu concepts of charity, the meritorious act of giving (*daan*) illustrate the general understanding that any property that one owns is not in fact one’s own because people cannot take their wealth with them when they die.

The Jewish view of this ethic is illustrated in the book of Leviticus, which states: “*When you reap the harvest of your land, you shall not reap your field to its very border neither shall you gather the gleanings after your harvest. And you shall not strip your vineyard bare, neither shall you gather the fallen grapes of your vineyard; you shall leave them for the poor and for the sojourner...*” (Leviticus 19: 9-15,35).

Guru Granth Sahib stresses that “*Resources should not be*

used for the benefit of the individual or nation but for the common good of all”.

Although the religious traditions have been unequivocal on the importance of efficient use of resources for the common good of all, yet there were very few people in the history of mankind who practically lived as trustees.

BRAHMA BABA – A LIVING EXAMPLE

Brahma Baba, the founder of the Brahma Kumaris Spiritual Organisation, left his affluent life as a diamond merchant at the age of sixty, in the year 1936, to dedicate his wealth to the creation of a unique spiritual university. He used every cent from his vast riches and every moment over a period of 33 years for the spiritual benefit of mankind.

Brahma Baba had the firm conviction that He had a Godly mission to fulfil. In one of his earliest visions, he saw that a new world, devoid of sufferings of any kind would be created. A divine voice told him that he had to become a divine instrument for the transformation of this sorrowful world into a new, peaceful, prosperous and happy world. He responded to that call of duty by accepting the responsibility in all humility and with the belief that God would

be his Guide and Master. He, therefore, instantly devoted his life to work for the redemption of humanity; he gave his wealth from his business to a Trust which sustained the initial group of about 300 young, committed men and women in the Godly mission. Today, the university is founded in more than 80 countries with about 6,000 branches. The university has been accredited as an NGO with the General Consultative Status, to the UN's ECOSOC and has won several peace medals/awards.

This remarkable growth in the activities of the university rests on the principle that every member considers oneself to be a trustee or divine instrument.

DEVELOPMENT OF TRUSTEESHIP

The core values that sustain the trusteeship of the spiritual university are: simplicity/economy, generosity, self-sufficiency, humility, honesty and responsibility.

SIMPLICITY: The ethic of simplicity teaches economy. Simplicity decreases the gap between 'the haves' and 'the have nots' by demonstrating the true logic of economics: to earn, save, invest and share the sacrifices and the prosperity so that there can be a better quality of life for all people, regardless

of where they were born.

GENEROSITY: From simplicity grows generosity. Generosity is sharing hard-earned income with liberality of spirit. The basic human need is to feel a sense of belongingness to be a part of a unified whole. People do not want to remain in isolation, oblivious to the world outside.

Sharing one's resources in a congenial and caring manner is to bring back the meaning of family to human activity. Sharing is more than giving money and material possessions. It is the giving of the self, which is priceless. In the spirit of putting others first, those who embrace simplicity donate their time freely to others. This is done with kindness, openness, pure intentions and without expectations and conditions. This results in such individuals reaping the abundant fruits of the sown seeds of generous actions.

SELF-SUFFICIENCY: Brahma Baba, the founder of the university, adopted for himself a simple, spiritual lifestyle; through his own example, he taught simplicity, economy and self-sufficiency. During the first 14 years, the students lived together. They themselves used to perform

most of their daily chores. Brahma Baba's motto was: "When we change, the world changes".

The present state of world is calling leaders to follow the example of Brahma Baba to serve humanity at large. Service according to him is best done when:

▶▶ One considers the self a trustee or an instrument.

▶▶ One takes the first step towards accepting another who is different.

HUMILITY: To be a trustee however requires humility. Humility eliminates possessiveness (the consciousness of 'mine') and narrow vision which create physical, intellectual and emotional boundaries. Without humility, we can neither build civil societies nor serve the world benevolently.

HONESTY: The call to serve as a trustee also requires the value of honesty, which implies no contradictions or discrepancies in thoughts, words or actions. Such integration provides clarity and example to others. An honest person appreciates the interconnectedness of the natural world and does not misuse, abuse or waste the wealth of resources provided for the well-being of humanity.

Honesty means never to misuse that which is given in trust. There would always be the concern that resources be used in a worthwhile way for the basic human, moral and spiritual needs of all people. Well-used resources create well-being and are a means for those very resources to multiply.

The leader who is deeply committed to development and progress makes honesty his own principle in building a world of peace and plenty, a world of less expenditure and greater splendour.

RESPONSIBILITY: Leaders are accountable as trustees, since they are the role models for society. They help shape norms which have enormous influence on weaving the fabric of society. Leaders should enact their roles with responsibility and accountability.

IT'S TIME TO CO-OPERATE

The spiritual university, initiated by Brahma Baba under the guidance of the Divine, aims at inspiring each student to inculcate the above core values that are so important to be and live as a trustee. Each action should reflect the practical application of these values. The university has been organizing various programmes and projects, in collaboration with the UN, to create the awareness of values and help individuals develop the same. The university stresses that the present time is for leaders at all levels to cooperate in this process of world transformation by 'being and living as trustees'.

APPRECIATE OTHERS' VIRTUES

— B.K. Ravindra, Bangalore

Every individual is special. There is at least one virtue in every individual, which makes him or her unique. There is no one on earth who does not have any speciality. God bestows everyone with a creative intellect and it is up to the individual to use it in developing their own specialities. Specialities are the arts of doing any task in a special, unique, right, and accurate way. Just as one adds ginger or cardamom to make tea 'special', speciality comes from the word 'special', not ordinary.

Seeing specialities in others means discovering what specialities they have and appreciating the same. One needs 'special vision' to see that which is already there. Seeing specialities is like closely watching an artiste at work. It is similar to appreciating nature – the serenity, the greenery, the beauty of coloured flowers, the rising sun, the water falls etc.

It requires one to be a patient observer with an attitude to learn. One should truly believe that every individual is unique and that much can be learned from him or her.

Seeing others' specialities is useful for spiritual progress, as spiritual love for all develops. Appreciation is also a form of blessing or good wishes that can help the other person to see their own goodness and expand it.

When we focus only on specialities, the habit of picking on defects disappears gradually and allows the person to grow and transform. Respect for others improves relationships and creates a good atmosphere.

When the intellect is kept clean and pure, it can draw energy from the Supreme and use it to enhance the specialities – make them divine, free from vices – and share them with others. God is the Ocean of all Specialities and one's attention is drawn automatically towards the bestower rather than the one on whom it is bestowed. If one person is capable of taking from God, why can't we?

Therefore, looking and admiring other people's specialities is advantageous in every way. It is one of the foundations of a truly spiritual life and leads to true happiness.

A MODEL OF EXCELLENCE IN MANAGEMENT...

Mr. B.P.S. Panwar, Managing Director and Mr. N.P. Sinha, Chairman, The Tata Pigments Ltd. Jamshedpur, went to Jodhpur to attend a review meeting of their company. While returning to their headquarters, they visited Academy for a Better World, Gyan Sarovar, Mount Abu on getting inspiration from Sister B.K. Anju, Jamshedpur.

B.K. Ranjit spoke to these spiritual travellers at Gyan Sarovar, in the presence of Sis. B.K. Anju.

B.K. Ranjit: How were you introduced to the Brahmakumaris organisation?

Mr. Panwar: Sister B.K. Anju has been instrumental in introducing us to BKs Philosophy. A few years back we had attended a programme organised by the Brahmakumaris. We liked it and found that the teachings and philosophy of the Brahmakumaris can be utilised to promote harmonious relations, increased productivity and efficiency of the employees in the organisation. Our visit to

Academy for a Better World provided the opportunity to see how we can implement the value system visible here in Brahmakumaris organisation, in our work environments.

B.K. Ranjit: What is your experience of B.K. organisation?

Mr. Panwar: I have been to many organisations but BKs. is an organisation with a difference. We are highly impressed by the neat and clean campus. Everything here is very well arranged and organised.

We were greatly influenced by the personality of Dadi Prakashmani. Through eye contact, she bestows blessings and good wishes. Though we had only a brief meeting with Dadi, her loving demeanour enchanted us. By following the footsteps of Brahma Baba, Dadi's features have also become like Baba's features. Sis. B.K. Usha gave us several new insights in the management field in a very analytical manner.

B.K. Ranjit: On the personal level, what difference do you feel while in Jamshedpur and practically in Mt. Abu now?

Mr. Panwar: Sis. BK Anju used to tell us about Madhuban and

Mount Abu, but I could never imagine that it would be so wonderful and enchanting. Only seeing is believing. I never experienced such an elevated mental stage earlier.

B.K. Ranjit: Do you have any further plans to visit Mount Abu?

Mr. Panwar: I am really inspired by the selfless service—service with a smile—of the B.K. brothers and sisters. I would definitely love to come here for voluntary service, if I am provided an opportunity for that.

B.K. Ranjit: What benefit have you derived personally?

Mr. Panwar: I have had nice spiritual experiences. Though some of my questions are still unanswered, probably I will get the answers with experience, in due course.

B.K. Ranjit: What inspiration are you taking from here?

Mr. Panwar: No one goes empty-handed from here. I am taking with me the sincerity and dedication of each member of the BK family. I have seen here discipline and the sense of belongingness, which comes only from within.

B.K. Ranjit: BKs teach the method of having mental link with God. What is your personal experience?

Mr. Panwar: To have a direct communion with the Supreme—God Shiva—is a bit difficult for a newcomer. But the

simplicity, loving and selfless service of all the B.K. Brothers and Sisters does leave an indelible imprint on our mind.

Mr. N.P. Sinha, Chairman, The Tata Pigments Ltd.

B.K. Ranjit: Kindly let us know what you experienced here.

Mr. Sinha: I am inspired by the teachings of the Brahmakumaris organisation. The most important thing is that they do not impose anything on us. This reminds me of a practical incident. Mr. Kawasji, a Parsi gentleman of Mumbai invited one swamiji to his home to spend an evening. Swamiji agreed but on one condition that he would have to keep the door of his home opened. Mr. Kawasji, before serving dinner asked, "Swamiji should I have vegetarian food or Non-vegetarian food?" Swamiji replied, "Brother, you are a Parsi and can surely have non-vegetarian food." Mr. Kawasji there and then took a vow to never take non-vegetarian food. He said to swamiji, "You did not impose on me your views on vegetarian, and did not give me a long lecture on it. Instead, you left everything to me. This has inspired me to be a non-vegetarian."

Brahmakumari Sisters, in the same manner, do not impose anything on us. They show us

our real face in the mirror of divine knowledge. We do get spiritual power here, which helps us to transform our inner selves.

B.K. Ranjit: What did you observe here, from the organisational point of view?

Mr. Sinha: The success of the Brahmakumaris organisation lies in the devotion, dedication and discipline of B.K. brothers and sisters. All the members of this divine family wholeheartedly accomplish the tasks assigned to them. This has been possible because the main organisers are confident that the people down the line will perform their duties efficiently and there is proper delegation of authority. Another thing worth mentioning is that here we find appropriate application of the principle of Division of Labour. The departments in the

organisation are manned by B.K. brothers and sisters who provide service with a smile. For instance we went to the department which arranges "food for journey" headed by B.K. Bro. Virendra. We found them quite courteous and affable. Likewise, the efficiency and the service rendered by Guides headed by B.K. Bro. Nagraj was remarkable. This is possible because they have to perform only that much of the job as is assigned to them. As compared to it, we can take the example of a hotel where the same employees have to perform all the duties, because of which the efficiency and courtesy seen in the B.K. volunteers cannot be expected from the hotel employees. Brahmakumaris organisation is a model of excellence in Management. ●

THE MASTER SPEAKS....

VIGILANCE: "Is there anything I can do to make myself Enlightened?"

"As little as you can do to make the sun rise in the morning."

"Then of what use are the spiritual exercises you prescribe?"

"To make sure you are not asleep when the sun begins to rise."

GITA—THE MOTHER OF SHRI KRISHNA

—B.K. Kavita, New Delhi

Since my childhood, I had believed that Shri Krishna was born on 8th day of the Bhadrapad month which is celebrated as Janmastami every year. Another very important deity in Indian mythology is Shri Ram, believed to have been born on ninth day of *chaitra* month which is celebrated as 'Ram Navami'.

When I got the opportunity to get the knowledge and philosophy of the Brahma Kumaris organisation, many new secrets unfolded before me. I could understand that Shri Krishna is the first Prince of *Satyuga*. For eight generations, Shri Krishna and his descendents rule over Bharat for 1250 years. Shri Krishna and his descendents rule for eight births, that is why his birthday is celebrated as *Janam Ashtami* (Eight births). Then from ninth birth, *Tretayuga* starts and there is a change of dynasty. Shri Ramchandra is the new ruler and since his rule starts from the ninth generation, his birthday is celebrated as Ram

Navami.

The new light of the divine knowledge also clarified who is the true sermonizer of Geeta.

Gita is the crown jewel among all scriptures of our eternal Indian culture. Not only in India, it is revered in all countries and has been translated into many languages. Many saints follow its ideals in their lives. Who is the sermonizer of this sacred scripture? This topic is worth deliberation and analysis.

God Says:

We find "*Bhagwan Uvach*" (GOD SAYS) in so many places in Gita, which means that Shri Krishna has not spoken Gita. *Bhagwan* or God is beyond the cycle of birth and death i.e. unborn and immortal. He is immune to pleasure and pain, *Akarta* (beyond action and its fruit), Incorporeal, Ocean of peace and Ocean of Knowledge. But these characteristics do not befit Shri Krishna. Likewise, it has been advised in Gita to forget the body, bodily relations and physical possessions. So, how can Shri Krishna, who himself is a corporeal being, give this type of advice? It is evident that

"*Bhagwanuvach*" refers to incorporeal Supreme Soul, who is not Shri Krishna.

Many people remember Shri Krishna and believe that the divine knowledge of Gita was given by him. It is because they do not know the difference between the medium and the original source. In reality, Shri Krishna, taking birth after birth, is in the form of an ordinary human being in his last birth, in whose body the Almighty Authority, ocean of Knowledge—Incorporeal God Shiva incarnates. The aim of "possessing" the human medium is the welfare and liberation of mankind by transforming the vicious, impure tendencies at the end of Iron Age (*Kaliyuga*). He is the charioteer and the "possessed" body is the chariot, whom He renames Prajapita Brahma and gives the divine knowledge through him or by his mouth. The knowledge of Gita was given by the Charioteer—Supreme Soul Shiva, not by the corporeal medium (chariot) i.e. Brahma or Shri Krishna.

LINK OF SHRI KRISHNA'S PREVIOUS BIRTH

In fact, Gita is the mother of Shri Krishna. So how could it be possible that the son has given the knowledge of his mother? In reality, the knowledge of Gita has been

given by incorporeal, immortal Supreme Soul for liberation and purification of the mankind. The corporeal medium of the Supreme Soul, i.e., Brahma Baba, was the first to imbibe and practise the divine knowledge. He set an example before other human beings who also put their best efforts to divinise their lives. Brahma Baba is re-born as Shri Krishna—the first prince of *Satyuga*. Shri Krishna is a deity full of celestial degrees in purity, totally viceless, completely non-violent and embodiment of all virtues. The deities who dwell in *Satyuga* see Shri Krishna in the completely pure form. That exalted character of Shri Krishna is the ideal of all human beings. Because of his qualities and specialties, he was, with the passage of time, called the sermonizer of Geeta. In fact, Shri Krishna in his previous birth was the medium of Incorporeal God for disseminating the spiritual knowledge. So appropriately Geeta is the mother of Shri Krishna. ●

A Spiritual Revolution

WORLD YOUTH FESTIVAL

at Barcelona (Spain) (8th – 14th August, 2004)

After the Olympics of Barcelona in 1992, the city of Barcelona took its place on the world stage for promoting cultural diversity and international dialogue. The year of 2004 has seen the Universal Forum of Cultures from May until September. Under this umbrella, many international events have taken place in which there has been active BK participation, e.g., the Parliament of the World Religions and the World Women's Conference.

The most recent of these events was the third World Youth Festival from 8th to 14th August. Over 500 youth organizations participated and 12,000 youth (aged 18-30) registered from 100 countries. The Festival theme of "Let's Build the World" was explored under four pillars: Cultural Diversity, Globalization, Sustainable Development and Conditions for Peace. The Festival, the only one of its kind organized completely by youth organizations, provided a unique opportunity for regional youth associations and organizations from around the world to share ideas and projects, dialogue, discuss and debate about each of the four pillars.

Sister Gopi from GRC came and reminded us of the International BK Youth Forum's spirit. Brother Shailen from Oxfordshire conducted two workshops. Sister Marta and a strong team of 10 youth from all over Spain were present to participate, support and assist with all the BK activities.

The main activities offered by the BK's as part of the Festival included:

▶▶ Two interactive workshops on developing inner values entitled 'You Can Change the World'.

▶▶ 'A Quiet Room' which occurred on every evening of the Festival, attracted the largest audience. The first meditation session in which 200 youth participated was filmed by a Spanish Television and broadcast the next day. The organisers of the Forum were amazed by the BK's services. One lady who was stunned by the number of participants in the Quiet Room said, 'You BK's are creating a revolution at the Forum'.

▶▶ Exhibition Stand – The BK youth team from Spain came together with lots of love and unity to create a beautiful exhibition stand including participative activities such as the 'Wheel of Virtues' which attracted queues of youth, and 'Stars of Hope' where participants were invited to share their vision of a better world on a star shaped card, that was fixed on to a painting of a dark night with a full moon. This activity was particularly enjoyed by the Palestinian Youth Organisation who had commented for the need of hope in the lives of young people in their countries.

Sister Gopi conducted personal interviews with key members of three of the main youth associations that organized and hosted the Festival under the topic of 'Inner Values, Outer Expression':

Giacomo Filibcek – Chair of the European Youth Forum,

Alicia Fernandez – President of the National Youth Council of Catalonia

Fabian Mohedano – President of the Barcelona Youth Council

NATIONAL SEMINAR FOR SECURITY SERVICES ON:

Revitalising India through Spiritual Wisdom

(Experiences of the Participants)

Today from the heart,
I thank for what I felt,
In this lovely place,
On the Aravali Mountain
ranges

"Soul I Am" which is quite
right,

And the Ego which was
here,

Will never again be in sight.

The programmes which I
liked were Stress
Management, Mind
Management and Rajyoga
Shivir.

Yours is an exceptional high
standard endeavour to make
the world know, how "man"
can become a "human" – a
man who is actually a soul
under cover of the body.

**–Dy. Comdt. Gojre
Prashant, Coast Guard
Air Station, Daman.**

In my childhood I had heard
that you cannot get God unless
He desires and when you get
Him, you expect the least. My
story also goes like this. The
day was Shivaratri. My father
and I were going to buy some
medicine. Suddenly, my father
saw a Shiva-temple and

decided to worship before
breaking his fast. When he was
getting late, I decided to enter the
temple and find out why he was
held up. As I entered the temple,
I noticed an exhibition organised
by B.Ks. where my father was
trying to understand the Cycle of
Life (World Cycle). I also joined
him. That was my first
introduction to Rajyoga and
Incorporeal God Shiva. Within
seven days, the divine
knowledge was bestowed on
me. It was an eye-opener and I,
along with my wife, experienced
a totally different world of
spirituality. The more we learnt
about *atma*, its 'charisma' kept
unfolding and astonishing us.

Our much awaited desire to
come to Madhuban, B.Ks.
international Hq. was fulfilled
when we got a golden
opportunity to attend the National
Seminar organised by Security
Services Wing of Rajyoga
Education and Research
foundation in Academy for a
Better World, Gyan Sarovar, Mt.
Abu, from 7th to 11th August,
2004.

I was really revitalized. It was
totally a new subject for the 'man
in uniform'. The script of

defence is written in blood and
violence whereas the basic
concept of Spirituality revolves
around non-violence. The first
question which arose was: can
the forces and spirituality be
complementary to each other.
But when I was made to believe
Arjuna and his path towards
victory, I was revitalised. Topics
like Understanding the self and
the Supreme, Stress
Management, Sleep
Management, Mind
Management, etc. are all topics
of defence forces and if they
can be managed with spirituality
then why don't we adopt it?

We had heard a lot about
meditation but never realised
that meditation can be so easy.
The most important lesson we
learnt was that yoga or
meditation is a twenty four
hours process and it can be
practised anywhere and
anytime. My wife is also
inspired. We are leaving Mount
Abu with a pledge to come back
soon as we have realised that
Shivbaba's Home (Madhuban)
is our home. We are leaving
Mount Abu to our work place
because we are Karma Yogis.

– Davarshi, Gaziabad

ETERNAL WORLD DRAMA—

The Eternal Interplay of Physical and Metaphysical Energies –X

Contd... from August 2004 issue

■ B.K. Nityanand, B.K. Colony, Abu Road

This creation is an 'eternal world drama'-an eternal interplay of physical energies of living and non-living matter with metaphysical energies of souls and the Supreme Soul. Ultra microscopic particles of physical energy called atoms constitute over 100 elements that form both living and non-living matter. Human being (Jeevatma) is a combination of body (jeev), the insentient physical energy, and Soul (atma), the sentient metaphysical energy. Different energy levels and vibrations between neighbouring atoms give the appearance of form and colour we see; sounds we hear; smell, taste and touch we experience. Atoms unite to form molecules that constitute elements or compounds. We have discussed these aspects, and about different kinds of physical energies, structure of atoms, structure and organisation of living matter, and the eternal cycle of biological energy or life-force. We have also seen how the sentient metaphysical energies of souls integrate with the insentient physical/biological energies of the body. Role of metaphysical energies in health and disease; the psychobiological aspects and the psychotherapist's view of the human being; the practice of meditation to become embodiment of spiritual knowledge; the eternity of world drama; the role of God in rejuvenating the energy cycles to sustain the world drama eternally; world transformation through self-transformation using power of silence also we have discussed so far.

We shall now try to understand the eternal interplay of physical and metaphysical energies through the insight of 'New Physics' or Quantum Physics. The material presented is largely sourced from chapter 23,

pages 235 to 246 of Dr. Bruce Goldberg's "Soul Healing" published in India by Pustak Mahal.

The Quantum theory of Max Planck, enunciated in 1900; the laws of thermodynamics; the theory of light quanta by James

Clerk Maxwell and the theories of Relativity by Albert Einstein brought a revolution in Physics in the 20th century and hence these are collectively called 'New Physics'. The conceptual framework of New Physics demands its followers to step outside the self, to transcend one's environment, and to comprehend the universe in its ineffable entirety. The ultimate spiritual goal is to fully acknowledge and embrace the immanent oneness of our own being with the universe. This involves complete integration of the metaphysical and physical energies.

Human Consciousness: The dynamics of conscious thought occur on such a minute scale, involving such infinitesimal exchanges of energy, that only a quantum mechanical explanation could properly account for the actual phenomenon of consciousness, proposed Niels Bohr. According to Walker's model, the fundamental unit of consciousness is the quantum itself. An adequate understanding of the brain demands the application of quantum concepts. John Wheeler, the pioneering quantum physicist says: "The World at the bottom is a quantum world; and any system is ineradicably a quantum

system". This suggests that eventually our concepts of how our bodies work will have to give due regard to quantum physical events and the subatomic world.

CAPABILITIES OF HUMAN CONSCIOUSNESS

Dream Research by Ullman and Krippner at Maimonides Hospital, New York City, wherein a sleeping subject was sent specific images by a distant sender during a designated sleep phase, provides evidence of the telepathic transmission mechanism. Trag and Puthoff working at the Stanford Research Institute in early 1980s produced empirical evidence for 'remote sensing' or out of body experiences (OBEs). Their hypnotic subjects were directed to describe the environment of another individual located several miles away. These

subjects could locate their targets by leaving their bodies and provide accurate and detailed descriptions of their whereabouts. Bio-feed back research provides additional evidence that conscious mental activity can affect the things of the physical world, including the organs, tissues and cells that constitute our bodies. Corroborating evidence for a quantum level shift between the realms of the mind and the body is discernable in those cases where cures have occurred quite apart from conventional medical intervention through faith healing, spontaneous remissions and placebo effects. In such cases, the faculty of inner awareness seems to have promoted a dramatic quantum jump within the somatic healing mechanism. The mind and intellect, the subtle faculties of the soul, which psychotherapists call emotional

body and mental body respectively, are in fact quantum fields or photon fields of information and energy forming a network among the nervous, the endocrine and the immune systems. Today, we know the neurochemical and neurophysical effects of meditation. We know that meditation works by neutralizing our biochemical toxins with serotonin, interleukins and interferon. There is an abundance of literature on inexplicable phenomena like: psychokinesis, astral travel, Clairvoyance, precognition, telepathy, teleportation, levitation, dematerialisation and materialisation-etc. Obviously, these are beyond the scope of the current discussion.

FUNCTIONING OF HUMAN CONSCIOUSNESS

John wheeler came up with



Born on 4th October 1940 in Trivandrum (Kerala) B.K. Nityanand (Dr. R.P.N. Nair) M.V.Sc, the author of the series '**ETERNAL WORLD DRAMA—The Eternal interplay of Physical and Metaphysical Energies**' is a veterinary doctor who has specialised in Microbiology and Immunology. He served in the Deptt. of Animal Husbandry, Delhi Administration and Govt. of India in various capacities and was Deputy Commissioner in the National Project for Rinderpest Eradication (NPRE). Bro. Nityanand has been practising Rajyoga since 1980 and has been very active in Godly Service, especially through articles on application of Godly Knowledge and Rajyoga Meditation.

the "Quantum foam" theory in 1953, based on dimensional considerations. He stated that the space-time continuum is not flat at the smallest scales (the plank length), but is actually a highly energetic "quantum foam". This foam is marked by the rapid creation and reabsorption of space-time "bubbles" which meant that the so called vacuum or 0.00001 % empty space is actually a surging sea of quantum fluctuations. The spontaneous breakdown and regeneration of the quantum foam is based on self reinforcement of the quantum wave as it undergoes retroflexion through its own space-time mirror image. The self exists through the interaction of quantum waves with their space-time mirror images or retroflexive conjugates, in the same way you interact with your own mirror-image. To notice yourself you must forget yourself, and to forget yourself you have to take note of yourself in the mirror. Change is effected through self-reflection; by observing ourselves in others we are able to change each other. Quantum waves are superluminal entities moving faster than light, and can move forward and backward in time. It can be deduced that quantum wave is a wave of probability moving faster

than light that serves as the connecting agent between our minds and the physical world.

THE PARALLEL UNIVERSES

Fred Alan Wolf, a quantum physicist, in his book "Parallel Universes (page 27) states: "there are parallel yous and mes somehow existing in the same space and time that we live in, but normally not seen or sensed by us. In these universes, choices and decisions are being made at the very instant you are choosing and deciding. Only the outcomes are different, leading to different, but similar worlds." Parallel universes are born whenever an observation is made. For each statistical possibility, there exists a parallel universe in which that particular potentiality becomes actual reality. Thus, a flipped coin lands heads up in one universe, but in the other it lands tails up. We exist in each separate universe at once observing the outcome, yet there is no direct ontological bridge between the two-the complementary worlds remain hidden from one another. Our existence spans all the parallel universes simultaneously. All futures and pasts co-exist, time is like a huge ocean that can be viewed with a single glance by

which both past and future are visible. Changing our perception of present is the key for changing the future. We often have thoughts of wholeness and health when we are sick, and thoughts of illness when we are healthy. These might result from our awareness of the parallel universes or frequencies.

Parallel universes are predicted by both Quantum theory and General Relativity theory of Einstein who also predicted existence of 'black holes'. Physicists, Stephen Hawking and Kip Thorne described 'black holes; to be putative bridges between parallel universes. In the light of Einstein's demonstration that space, time and matter are mutually dependent, black holes, the energy containing voids can serve as the space for both synthesis and disintegration of matter. In other words, matter can be both transformed into energy and created from energy.

If thoughts were superluminal and were carried by quantum waves, they could travel to the edge of the universe and back almost instantaneously. Based on the computed density of quantum foam: $3.64 \times 10^{93} \text{g/cm}^3$, the round trip would take only 10^{-78}

Note: For further clarifications, the author can be contacted on e-mail: bknytanand@yahoo.com

seconds. Signals travelling this fast could be reflected backward in time. UFOs, schizophrenia and other forms of psychosis are the effects of being unwillingly tossed between the parallel worlds. Wolf states in page 310- "our minds are thus tuned or are tunable to multiple dimensions, multiple realities. The freely associating mind is able to pass across time barriers, sensing the future and reappraising the past. Our minds are time machines, able to sense the flow of possibility waves from both the past and the future. In my view there cannot be anything like existence without this higher form of quantum reality."

The aura appears to be closely associated with quantum wave functions. Perhaps the aura is the result of receptor cells in the human retina responding to the quantum wave movement. An observer with well-trained mind could discern the changes in the mind of a person whose aura is being observed, through one of the five somatic senses. Our feeling that we knew someone whom we never met before, is a natural phenomenon, based on quantum principles, when we tune in to the other person's quantum wave movements (thoughts).

In the forthcoming part we shall continue with the discussions on concepts of quantum physics vis-a-vis spiritual concepts on human consciousness. ●

A TRYST WITH THE SUPREME BEING

— B.K. Anoop

Incorporeal God Shiva incarnated into the corporeal medium of Brahma Baba and established Prajapita Brahma Kumari Ishwariya Vidyalaya in 1937 in Hyderabad (Sindh), now in Pakistan. Brahma Baba and all the divine family shifted to Mount Abu in India in 1951. Baba named the new place at Mount Abu as Madhuban. Brahma Baba left the corporeal body and adopted the body of divine light and thus called an Angel. It was on 18th January, 1969 that he changed from worldly to subtle form.

Both Shiv Baba and Brahma Baba, known as Bapdada lovingly, still incarnate into another yogi, a sister named Dadi BK Hridya Mohini and the task of imparting the teachings or directions is performed. I have met Baba many a time and enjoyed the inexpressible pleasure of having visualized him.

One day a businessman had come from Ambala City along with his spouse. He met Bapdada. Baba looked at both of them smilingly and then spoke to her, "Do you remember Shiva Baba?" She flatly denied saying, "No, I don't." Baba said to her again, "Are you Shiva Baba's child?" In response to this query also she, nodding her head, replied in negative.

Then the Almighty God asked her the other way round. He said, "Are you a child of God?" She said, "Yes." His Holiness again put up a question to her, "Do you remember God?" To this question also she replied in affirmative. She nodded her head and also said, "Yes, I do." The Ocean of Love smiled and told her that God Himself is known as Shiva Baba. She agreed to this proposal without any objection.

Once again Baba looked at her and asked, "Are you Shiva Baba's child?" She immediately said to Him, "Yes." Then the Ocean of Knowledge repeated the same question as had been asked by Him earlier. He said, "Do you remember Shiva Baba?" She replied, "Yes."

All of us wondered how within no time the Almighty God had turned her 'No' into 'Yes' and with great ease. Baba blessed both of them to remain in the sweet remembrance of the Supreme Soul and make their life worth diamonds. ●

SPIRITUAL WAVES IN AFRICA

BK Sis. Shashi Prabha from BKs. Hq. Mount Abu was invited by BK Sister Vedanti, Regional Coordinator of BKs in Central and East Africa, for Godly service in nine countries in Central and East Africa. During this one-month tour (July 16—August 10, 2004), The main focus of the services was Interfaith Dialogues. BK Sis. Shashi Prabha represented the BKs at these public programmes, whilst BK Sister Vedanti shared the spiritual message in a practical way by motivating everyone to stand up and tie a ribbon, imprinted with 'Link of Love', on one another's wrist; this beautiful gesture spread vibrations of peace and spiritual love in a powerful way.

A brief report of the service tour is presented below:

KENYA

Nairobi— Venue: BKs Global Museum
Participants: Prof Abdalla Kheir, a Muslim Chaplin / Imam and Lecturer on Philosophy and religious studies at Kenyatta University, Sis. Vincenziana Mazzier from the Little Daughters of St Joseph, Panditji Pradyuman Dwiwedi and B.K. Sis. Shashi talked about doing well in the society and to always have love and good feelings for all. Yatri Shah played the flute giving the feeling of love. About 250 participants tied the ribbons to each other which created ripples of peace and love.

Mombasa— Venue: Sapphire hotel
Participants: Ustaad Salim Mohammed, Reverend Obed Maua and a Pandit Mohanlal Sharma and Sis. Shashi with about 200 souls.

Kisumu— Venue: Jalaram Academy School Hall.
Participants: Sr. Pat Smith from Christain faith. Bro. Madhukar of the Hindu faith and Gyani Guru Singh Komal from the Sikh faith; about 160 souls

took benefit.

Eldoret— Venue: Moi Hospital, Topic: 'Medication and Meditation'. Sis. Shashi also met with Prof. B O Khwe—Otsyula who is the Dean of the Faculty of Health Sciences at Moi University.

Thika: There was a gathering of 30 souls for the Link of Love.

Nakuru— Venue: Njoro Canning Factory where 22 workers benefited. A talk on Discovering the inner self was also held and 35 souls benefited at the Jain Mahajanwadi.

ETHIOPIA

Addis Ababa — Venue: Ghion Hotel where the speakers included Kesis Kefyalew Merahi who is an Ethiopian ecclesiastical scholar focusing on the history and authenticity of Ethiopian Orthodox Tewahedo, Sr. Mariolina Cattaneo from the Comboni Sisters Congregation, a teacher of bible and theology and Mr. Mohammed Ahmed. Vedantiben also gave a few words of blessing and good wishes with the meaning of the word LOVE - Learn to know the self that I am light. Keep the Love of God in your heart and your will be Victorious Eternally. Many souls registered for Positive thinking and meditation courses.

BOTSWANA

Gaberone: Venue: The Gaberone Sun Hotel.
Participants: BK Sis. Shashi, Sheikh Hassen - Islam (Deputy Principal of Al Noor School and Islamic Missionary), Father Andrew Makgetla - Christianity (Passionist Religious group and working at the Cathedral) and Dr B.C. Sharma (Senior Consultant Surgeon at Princess Marina Hospital).

MADAGASCAR

Antananarivo: Two programmes were organised for the French speaking and the Hindi speaking

public. Altogether approximately 180 souls participated. As a result of that some souls have started taking seven days' course.

ZIMBABWE

Harare: Sister Pratibha was interviewed live by the ZTV in Harare. The programme held at the Meikles Hotel, which is a landmark in Harare and was attended by 280 souls. The speakers were Jashbhai Patel, Father Shirima, Sheikh Abdulla Shikacha and Peter Stanburg. The programme was covered by the Press & TV. Sister Vedanti was later personally interviewed by the ZTV.

Bulawayo: Sis. Shashi and Sis. Vedanti were welcomed with a traditional African dance and drum beats. This was followed by the inauguration of Baba's new room.

Victoria Falls: BKs and the guest speaker Mr Elvis Zingai, a Safari operator talked to 70 souls on the Link of Love in this tourist resort town.

ZAMBIA

Lusaka: The participants of the programme included Br Senan De Souza, Wardhasha Zumla, Ravi Sankar and Balwinder Singh.

MALAWI

Blantyre: B.K. Sis. Shashi and B.K. Sis. Vedanti shared their views followed by 70 souls tying of the ribbon to each other.

TANZANIA

Dar-es-Salaam- Participants: Dr Greg Wagner Rev Geoffrey Riddle, Rev M Pannaseeha and Mohammed Khalfan. About 300 souls participated and experienced the vibrations of love.

UGANDA

Kampala- Venue: Grand Imperial Hotel. The symposium was covered by the New Vision newspaper and WBS Television. The speakers were Sheikh Ahmed Wasswa (the Mufti of Uganda's Representative), His Eminence Cardinal Emmanuel Wamala, Archbishop of Kampala, and Shri Maharaj Tryambakbhai Bhatt.

ADDIS ABABA

An interfaith Dialogue was organised on the Link of Love when Sis. Shashi from Madhuban visited Africa. In Addis the programme was held at the Ghion Hotel where over 200 souls participated. This year Dadiji had been inspiring on holding interfaith programmes and as a result we all experienced that all the speakers and performers of different faiths just emerging and being part of the dialogue.

Kessis Kefyalew Merahi who is an Ethiopian ecclesiastical scholar who focuses on the history and authenticity of Ethiopian Orthodox Tewahedo said that as we receive God's love in the same way we need to love mankind. To have a better world we need to respect each other without discrimination

BK. Sis. Shashi talked about how we should be united with the thread of love to serve society. Pure love, Supreme love is the highest love

Sr Mariolina Cattaneo from the Comboni Sisters Congregation who is working as a teacher of bible and theology.

B.K. Sis. Vedanti gave the meaning of LOVE: The link of love has to be with the self - Learn to know self as a point of light; O knowledge of God in the heart; result Victorious; Eternally.

Henok Mehari who is a professional vocalist, keyboard player and composer contributed by singing a beautiful song 'love till death or grave' in Amharic the local language.

Bahai youths performed dances on 'Unity of Religions'. The whole audience danced holding hands on the song 'We are one Family'.

This song actually led everyone into tying the ribbon of the Link of Love on each others wrists with words of blessings and encouragement. All left with a deep feeling of love. We have also received feedback from the people that this is just what they needed at the present time. As a result many people have been registering for the positive thinking and meditation course.

KITTEN AND THE BALL

■ B.K. Chandrani Chaudhary,
Bangalore

I often feel like I am a kitten and God's knowledge is the ball of wool. Baba has given me this ball (knowledge) to play with, learn from, and thus become an apt player.

Sometimes I silently observe the ball, see it rolling and also admire its beauty. But sometimes, I become a little naughty and bold. I try to use it in different ways – roll it, punch it, chew it, and feel great about it. But after some such childish efforts, when I find that nothing has really been achieved I sit back

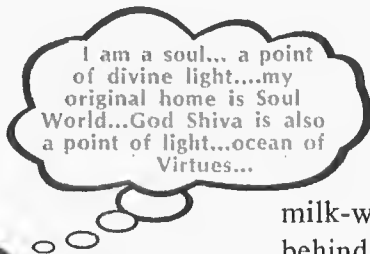
and try to look at the ball from a different angle; I plan new strategies and resume my play after some rest. And Baba too does not sit silently; as He sees the kitten at its play, He smiles and then unravels one more thread of the ball. Seeing this new facet, the kitten becomes more enthusiastic and the game goes on till the entire ball is revealed.

I would like to share a personal experience: I recently happened to go near the seaside and enjoyed the greatness of the ocean; this made me wonder about the greatness of the Ocean of Knowledge! Then suddenly, a lovely sight caught my eyes. I saw two tiny milk-white puppies running behind their masters. A large group of kids had come to the beach and these puppies belonged to them. Two of the kids had taken the puppies near the water and were gradually bringing them back to where the rest of their friends were seated. Once they returned, the pups were given food in small bowls but they were

hardly bothered about eating anything. Though both were tired, their attention was drawn towards other people, dogs, birds etc. Their masters were having a tough time managing them and keeping them within their reach. The pups were not tied up with chains since they were too tiny (just like two rolls of cotton) and so were at risk of being attacked by other dogs or being stepped upon by other people. As they were with their masters, the other dogs, though curious, did not dare to come nearer.

This scene made me think about my relationship with Baba. I am like a tiny and inexperienced pup that can easily get bitten or attacked by Maya. But Baba is continuously guarding me and bringing me closer and closer to my true spiritual family. He feeds me regularly with love (spiritual knowledge is my food).

As I am innocent and ignorant about various forms of negativity, I sometimes get distracted by and curious about unwanted things and put myself into trouble. Baba then immediately brings me back to safety and puts me in His lap, where I feel secure and content.





1. Saint Petersburg (Russia): First Session of B.K. Teachers' Retreat with Rajyogini Dadi Janki, Additional Administrative Head, Brahma Kumaris. 2. Bhubaneswar: Bro. B.B. Hari Chandan, Hon'ble Minister for Industries, Rural Development and Law, Orissa, in a group photo with B.K. Sis. Leena, B.K. Sis. Sangeeta and others during his visit to Om Art Gallery at Bhubaneswar. 3. Addis Ababa (Ethiopia): B.K. Sis. Dipti and Bro. Vinay with the group who finished "Positive Thinking Course" at the Centre. 4. Singapore: In a group photo taken during the "India Calling 2004 Asia Pacific Business Summit" From (L to R) - B.K. Sis. Bharti of Singapore, B.K. Sis. Meera of Santacruz, Sis. Surekhe Hegde, Dr. Jagannthrao Hegde, Sheriff of Mumbai and B.K. Chanda of Santa Cruz. 5. Chengalpeta: Seated on the dais at Shiv Sandesh Launching Ceremony are Bro. Thiru Katchur Armugum, MLA, Dr. B.K. Pandian, Mrs. Rajamony, Headmistress, R.K. Mission School and B.K. Sis. Devaguruma. 6. Ooty: At the Launching of Booklet by lighting lamps, B.K. Muthulaxmi, Y. Mansoor, President, Rotary Club, Bro. R. Tresinghraj, President, Citizen's Forum, J.C. Rajesh, President, Ooty Jaycees, Mrs. Usha Neelakartan, Secretary, Inner Wheel. 7. Palakkad (Kerala): Lighting the lamps to inaugurate "The Youth Empowerment Programme", are B.K. Sis. Meera, B.K. Sis. Lakshmi, Smt. E. Rajamma, Municipal Chairperson, and B.K. P.P. Nair. 8. Salem: At the Shiv Sandesh launching Ceremony, B.K. Sis. Rukmani is seen addressing the audience.

Godly Service Reports

Contd. from page...1

She also addressed a group of professionals on the theme "Quality Leader". The participants were key individuals selected especially from the Ministry of Education and Health as well as special invitees from other sectors of the community, including a Member of Parliament.

A public event was held in the Renaissance Hotel on the topic "Inner Peace-Inner Power" which was attended by 120 persons.

Three teens, local, but of Indian background, performed a dance. For the first time they were exposed to an Aruban audience and for nearly all Arubans, this was their first view of an Indian dance.

Sister Meera gave the formula to find peace: Be Pure, Love All, Meditate, Be happy.

The following morning, BKs met with the President of the Parliament and two other Members of Parliament. They were taken on a tour of the Parliament. The press took pictures which were published the following day, in the main newspaper of the island.

BKs also paid a courtesy call on the Minister of Social Affairs who incidentally is the only woman Minister in the Aruban

Government.

SWEDEN

A special programme on "The Winning Power of Positive thinking" was organized which was participated by Lotta Arbman, Sweden national co-ordinator, BK Johan (Barcelona), Hans Tibell, former finance manager at the Swedish Defense Administration (FMV), presently working directly together with top management and Swedish football team, called Täby IS from Stockholm, coach Peter Kleve.

They shared some thoughts on how one can become a winner, how my attitude and spiritual understanding can make me a winner. Be victorious not only in the field of playing football, but also outside.

— Increasing the spiritual understanding of what actual "fairplay" is and how spiritual values are needed to recover the true joy and art in what we are doing. Apart from it, other winning qualities as Focus and Adjust, Self-Distance, Detachment, Balance, Stability, Flexibility etc. were discussed.

— Together with the football team, a joint meditation

exercise was conducted by BK Lotta.

STOCKHOLM: "Meet an Italian Yogi" - a warm and informal programme with Giorgio from Rome, attracted a full house at the centre in Stockholm. Concluding with a pictureshow of smiling faces from India to the music of Bliss: "Check, who's smile do you wear...", people were very moved. It was an altogether sweet, funny and interesting experience, resulting in several new students for the course.

GIBRALTAR

Inauguration of BKs Information Centre

Since Murli Dada returned to Gibraltar in May 2004, after 35 years, he had a heartfelt desire to open a shop or information centre for Baba along Gibraltar's Main Street in the centre of the city. With much zeal and enthusiasm, he tirelessly pursued this project and his vision finally became a reality.

With the co-operation and generosity of key instruments for Baba's service in Gibraltar, Mr. and Mrs. Kishin Alwani, a space in one of their many outlets along Main Street was given and immediately transformed into a treasure store!

In traditional BK style, Dadi

Janki and Sister Jayanti joined Murli Dada and Mr. Alwani in the coconut breaking and ribbon cutting ceremony during the inauguration. Blessings and gifts for this new venture were given to Bro. Pramod from London who will be the instrument to look after Baba's new store in the coming months.

The Information Centre will display posters, BK publications including CDs and audio cassettes as well as distribute leaflets and a calendar of events that take place regularly in English and Spanish at Baba's Main Centre.

This Information Centre faces one of the many squares in the city, which is visited by over 30,000 tourists per day who stop over in Gibraltar on cruise ships from all over the world.

Visit of Dadi Janki & Sister Jayanti: Gibraltar has recently had the great fortune of welcoming Dadi Janki and Sister Jayanti for a short but very sweet and powerful visit to this small country. Arriving by car from Malaga and accompanied by brothers and sisters from various regions in Spain.

Baba's centre was officially inaugurated by Sister Jayanti

three years ago.

On the evening of their arrival, a public programme entitled "Peace Within, Harmony With All", was held at the John Mackintosh Hall. It was attended by almost 200 people of various backgrounds – Sindhis, Gibraltarians and Spaniards. Dadi's talk, interpreted by Sister Jayanti, was not only practical but also experiential. At the end of her talk, Dadi shared her vision and wish for the people of Gibraltar, which was to be an example to the world by ending worry and peacelessness today. Upon leaving the hall, each attendee received personal drishti, toli, blessings and 'A Gift of Peace' book. The following day news articles and photos were published in local papers.

A film crew from the local television station, GBC, arrived to interview Dadi. Dadi shared her vision for the people of Gibraltar. She has seen that people do live in peace here and that there is an atmosphere of honesty so Gibraltar can be an example to the world – a place without conflict and a place where conflict is not allowed to come. Dadi not only reached every home in the country that evening when it

was aired on the news but she also touched the heart of the film crew who were encompassed by vibrations of peace and tranquillity at the centre in Dadi's presence.

Dadi took a stroll along Main Street in the city centre, visiting many shops and even inaugurated two of them by breaking coconuts on the thresholds.

Dadi was received by the Governor of Gibraltar, His Excellency Sir Francis Richard, at his office and later was invited to participate in a cocktail gathering at his residence where Dadi met many dignitaries.

Although Gibraltar is a small country, only 3 x 2 square miles with a population of approximately 30,000, the BK family here have seen large-scale service activities flourish this year.

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Ph. 091 (02974) 228125, 228126, 228124, email – bkatamad1@sanchamnet.in, theworldrenewal@yahoo.co.in



1. Namchi (Sikkim): B.K. Sis. Sakun presenting Godly gift to the Chief Minister of Sikkim, Bro. Pavan Kumar Chamling. 2. Chandur Railway: Inaugurating "Sahyog Bhawan" are Rajyogini Dadi Ratan Mohini, B.K. Sis. Pushpa, B.K. Sis. Sita, B.K. Sis. Leela, B.K. Ramnath and others. 3. Shimla (Naldehra): Pakistan's Golf Team Captain Lt. Gen (Retd.) Bro. Tariq Aziz being presented Godly gift by B.K. Sis. Krishna. 4. Bhandara Road: Rajyogini B.K. Dadi Ratan Mohini inaugurating "Vishwa Kalyani Bhawan". B.K. Sisters Pushpa, Leela and Durga are also seen. 5. Kollam (Kerala): Eminent Writer, Bro. Kakkanadan being presented Godly gift by B.K. Sis. Anila. 6. Dondaicha: Rajyogini B.K. Dadi Ratan Mohini inaugurating the newly constructed centre "Shantidham". Also seen are B.K. Sis. Leela, Mayor Sis. Nayan Kunwar Rawal, Bro. Bhal Chandra, Jagannath Bhai and B.K. Dwarka. 7. Khamgnon: Inaugurating the newly constructed building "Shivalaya" are Rajyogini Dadi Ratan Mohini, B.K. Sis. Pushpa, B.K. Sis. Leela, B.K. Sis. Rukmani and B.K. Ramnath. 8. Pune (Chandan Nagar): Padam Vibhushan Awardee Pandit Birju Maharaj being presented Godly gift by B.K. Sis. Meenakshi.

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13/2003-2005, Posted at Shantivan-307510 (Abu
Road) on 9-10th of the month

Kathmandu: Shri... 5 King Gyanendra
Vir Vikaram Shahdev Sarkar listening
to the Godly service news from B.K. Raj
at Reception Ceremony specially orga-
nized in Singh Durbar. With the King is
Shri... 5 Senior Queen Komal
Rajyalaxmi Devi Shah, Shri 5 Prince
Paras and Shri...5 Princess Himani



Mount Abu (Gyan Sarovar):
Inaugurating the Seminar "Life's Journey
on the Wheels of Unity and Goodwill" are
Rajyogini B.K. Dadi Hriday Mohini, Bro.
K. H. Muniappa, Hon'ble Union Minister
of state for Road Transport and Highway,
Sis. Nagartanamma, B.K. Sis. Divya
Prabha, B.K. Sis. Meera, B.K. Om Prakash
and others



Mount Abu (Gyan Sarovar): In-
augurating the seminar on "Spiri-
tuality - the only Key to Succeed
in Business" are Rajyogini Dadi
Ratan Mohini, B.K. Madanlal
Sharma, B.K. Sis. Yogini, Bro. Raj
Gupta and others



Abu Road (Shantivan): Inaugurating
the "National Youth Festival" are
Rajyogini Dadi Prakashmani, Rajyogini
Dadi Hriday Mohini, SDM, Bro.
Mahavir Kharadi, B.K. Ramesh Shah,
Rajyogini Dadi Ratan Mohini and
others.



Abu Road (Shantivan): "Value-
Based Society-Call of Time"
Seminar being inaugurated by
Rajyogini Dadi Prakashmani, Sis.
Mridula, President Central Social
Welfare Advisory Board, B.K.
Amir Chand, B.K. Nirwair, B.K.
Sis. Mohini and others.

